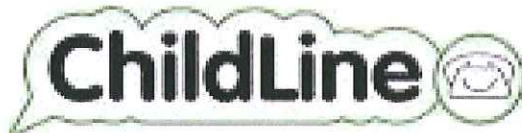




The world of e-safety is ever evolving but below are some hints and tips on ways to keep young people safe online.

- **Communication** is vital make sure you sit down together and go through the safety features of the game or social media account **including privacy settings on social media accounts get privacy settings as high as they can go!**
- **Boundaries at home** do young people have firm boundaries in place when playing games online, using social media, tablets and phones. Don't forget about apps either.
- **WWW Approach!** Who are young people talking to online?, what are they doing on line?, where are they going on line?
- **In app purchases** young people are often unaware of hidden financial costs that come with apps, games and websites. One young person racked up a bill of £1,700 on his dad's credit card as he kept buying coins when playing a game on a tablet.
- **Anti virus software** webcams and computers are being hacked on a regular basis do you have anti virus software?
- **Personal information!** If you sit down together as a family and make a note of all the information that is online about you I bet you will be shocked. Also who can access that information?
- **If you don't know them don't talk to them!** Would a young person start chatting to a complete stranger in the real world? Probably not. So don't do it over the internet.
- **Addictive** online gaming and social media are addictive and young people are becoming engrossed in phones, tablets and computers.
- **Warped view of reality and fantasy** again young people are becoming very delusional as they can't tell the difference between the real world and the online world. 18 rated games are very violent and are exposing young people to very graphic content.
- **No such as delete!** Police have the software to trace everything back to the sender even through apps such as Snapchat.
- **Where are young people using the device?** Young people locked away in bedrooms using the internet is never a good idea.
- **What goes online stays online!** Read online about what happened to Paris Brown and adults need to lead by example.
- **Images and videos** can be easily copied and pasted and re distributed. Also webcams conversations are often recorded. Also make sure young people are aware of the law around sexting, revenge porn and bullying and harassment.

Useful resources



Northamptonshire Police force are the first force in the country

to have a specific cyber crime unit.

They are dealing with 2-12 cases a day of young people

getting into serious harm over the internet. Those young people are the same age as your

sons and daughters.

