



## **Stanion C of E Primary School**

### **PSHE Policy**

#### **Introduction**

Personal, social, health and economic education promotes pupils' personal social and emotional development, as well as their health and well being. It helps to give children the knowledge and skills they need to lead confident, healthy and independent lives. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. It gives children an understanding of the rights and responsibilities that are part of being a good citizen and introduces them to some of the principles of prudent financial planning and understanding.

#### **Aims**

At Stanion C. E Primary School we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life. In addition we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions. We are also aware of the way that PSHE supports many of the principles of Safeguarding. (See Safeguarding Policy.)

At Stanion C.E Primary School we aim to help the children to:

1. develop confidences and responsibilities and make the most of their abilities.
2. prepare to play an active role as citizens.
3. develop a healthy, safe lifestyle with the ability to make appropriate risk assessments.
4. develop good relationships and respect the differences between people.
5. understand some basic principles of finances.
6. make a positive contribution to the life of the school

#### **Organisation**

The Teaching of PSHE.

Stanion C. E Primary School uses Cambridge Scheme of work to teach many of the elements of PSHE. We also incorporate the SEAL – Social and Emotional Aspects of Learning – to cover aspects of emotional Literacy that require additional resourcing. We also incorporate the Protective Behaviours Scheme of work and Zippy's Friends. In addition to this, Reception also use the Learning for Living scheme. Activities from Family Learning for Living are also sent home for parents/carers to complete with the children.

Each class teacher has a planning folder containing the SEAL topic for the half term.

In addition, teachers will aim to set aside time in class to discuss matters arising from school council meetings.

We recognise that **Circle Time** is a very useful teaching model for many of the aspects of PSHE and use this regularly in EYFS, KS1 and KS2.

PSHE and Citizenship will enable children to practise specific skills in structured contexts and in their daily life including:-

1. Encouraging everybody to take responsibility for their actions through the agreement of class rules.
2. Involving children in the setting of their targets for learning.
3. Encouraging children to recognise and respect differences between people.
4. The election of a school council in a democratic manner, which actively develops the direction of the school.
5. Encouraging children to take responsibility for their behaviour.

There are wider Opportunities for personal and social development at school. These include:-

1. The development of each child's ability to work as part of a team, become active within the school community and recognise the qualities of good citizenship.
2. Consideration of the holistic needs of every child with regard to their race, culture, language and faith.
3. Planning class visits and trips which widen children's experiences beyond the immediate local environment.
4. Coming together as a school for collective worship to celebrate academic and personal achievements.
5. Planning events which encourage the school to work together for

We seek to promote a healthy lifestyle and self confidence for our community by:

1. The provision of a range of lunch time and after school clubs e.g. football, dance, food technology, Art, Science and Change4Life which help foster a healthy lifestyle and encourage children to explore individual talents.
2. Providing opportunities in school for children to learn a musical instrument.
3. Promoting walk to school.
4. After school fitness club led by a member of staff.
5. Healthy eating promotions during the year and posters encouraging a healthy diet in the school hall.
6. Attention to the needs of SEN/EAL children.
7. Attention to the needs of G and T children.

We seek the involvement of the whole school community through:-

1. Encouraging parents/ carers to support trips or whole school events.
2. Weekly newsletters sent to parents/ carers.
3. The Home/ School agreement.
4. The Parent- Teacher Association

### **Time Allocation**

Each class teacher will aim to allocate a minimum of 30 minutes each week to PSHE/SEAL.

### **Resources**

All of the SEAL materials are available on the server and can be downloaded from the National Curriculum website.

### **Monitoring**

The Coordinator will carry out a programme of sampling lessons over the year and present an annual report to governors.

### **Equal Opportunities**

PSHE follows the Equal Opportunities Policy of Stanion C.E Primary School.

### **Responsibilities**

The PSHE Co-ordinator is responsible for:

- Monitoring the teaching and learning of PSHE.
- Overseeing and implementing the policy.
- Writing an annual action plan for The School Improvement Plan and evaluating progress throughout the year.
- Attending INSET and providing staff with appropriate feedback.

Each class teacher is responsible for delivering the Cambridge and SEAL topics to their class and being aware of where extra lessons are needed to cover aspects omitted from these schemes.

The governing body reviewed this policy on Wednesday 12<sup>th</sup> February 2020

Signed \_\_\_\_\_

Headteacher

Signed \_\_\_\_\_

Chair of Governors